



Missouri Foundation
for Health

a catalyst for change



Medicaid Expansion and Health Equity in Missouri

Ryan Barker

Vice President of Strategic Initiatives

Missouri Foundation for Health

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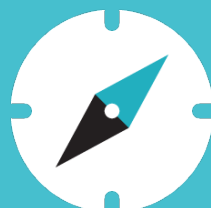
Missouri Foundation for Health - About Us

Mission

To eliminate underlying causes of health inequities, transform systems, and enable individuals and communities to thrive.



Equity



Integrity



Humility



Commitment

About Us

Missouri Foundation for Health is a resource for the region, working with communities and nonprofits to generate and accelerate positive changes in health.

As a catalyst for change, the Foundation improves the health of Missourians through:



Partnership



Experience

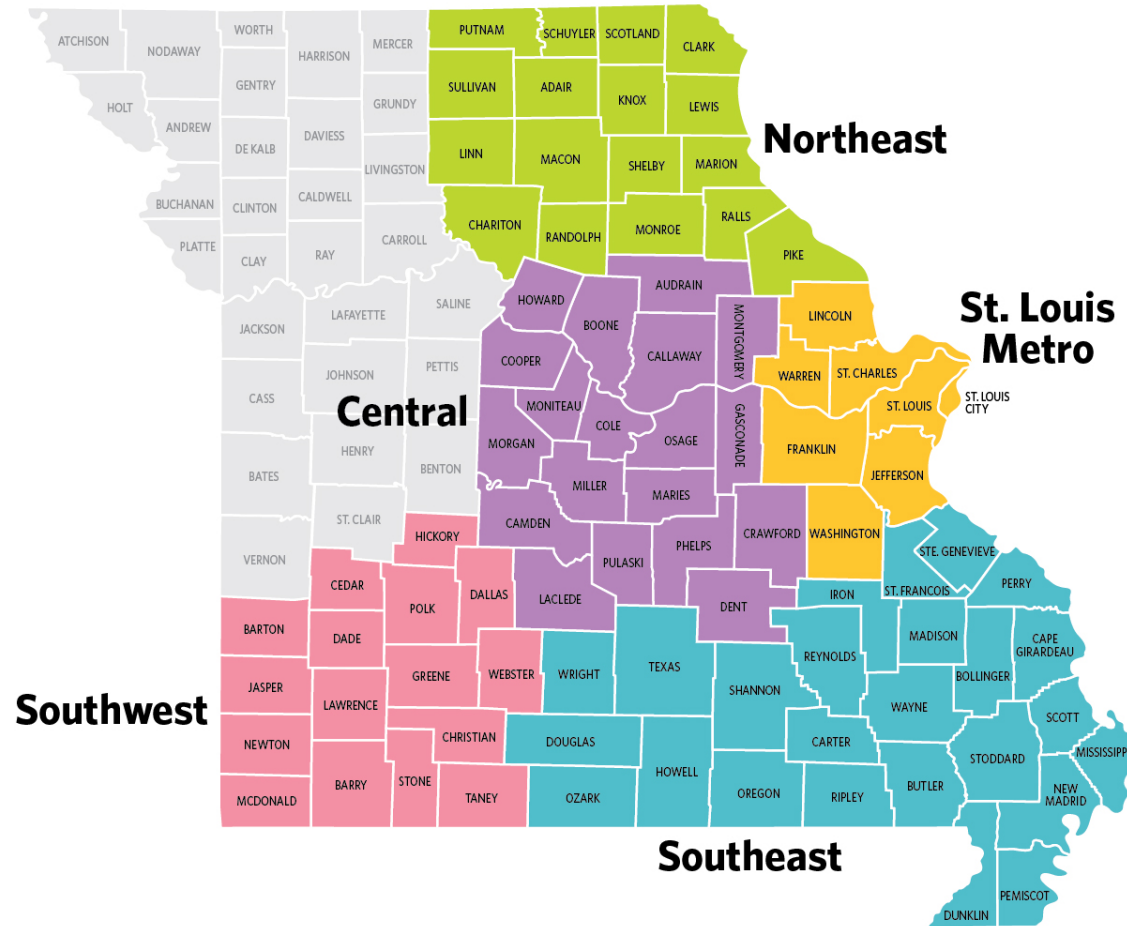


Knowledge



Funding

Where We Work



The Foundation serves 84 Missouri counties and the city of St. Louis.

MFH Strategic Initiatives

- Infant Mortality
- Medicaid Expansion
- Advocacy Leadership, Collaboration, and Power-Building
- Behavioral Health Systems
- Gun Violence Prevention
- Firearm Suicide Prevention
- Preventing Unintended Pregnancy “The Right Time”
- Access to Care/Equitable Systems
- Opportunity Fund

<https://mffh.org/our-focus/>

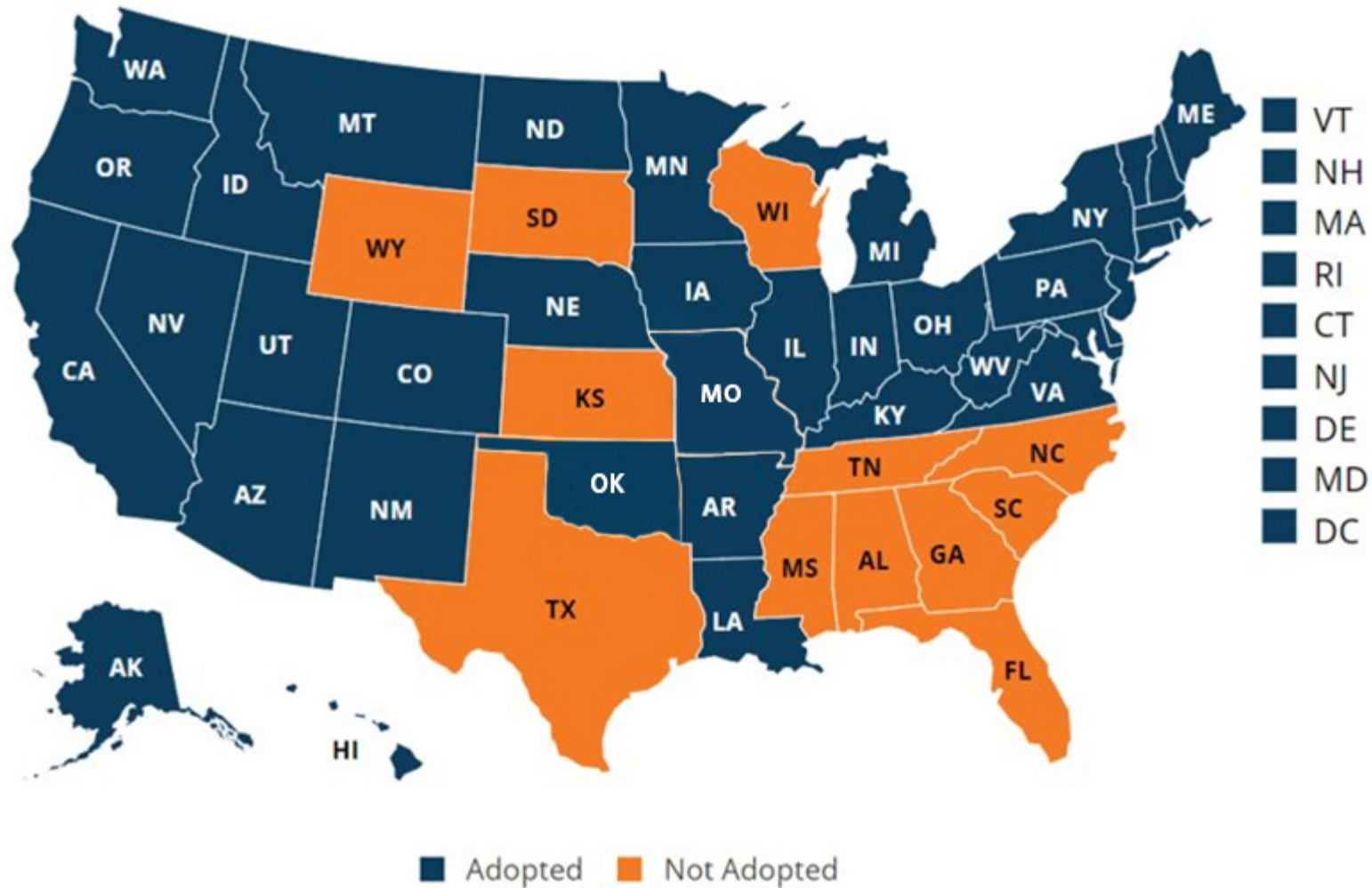
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How We Got Here...

A Decade of Effort

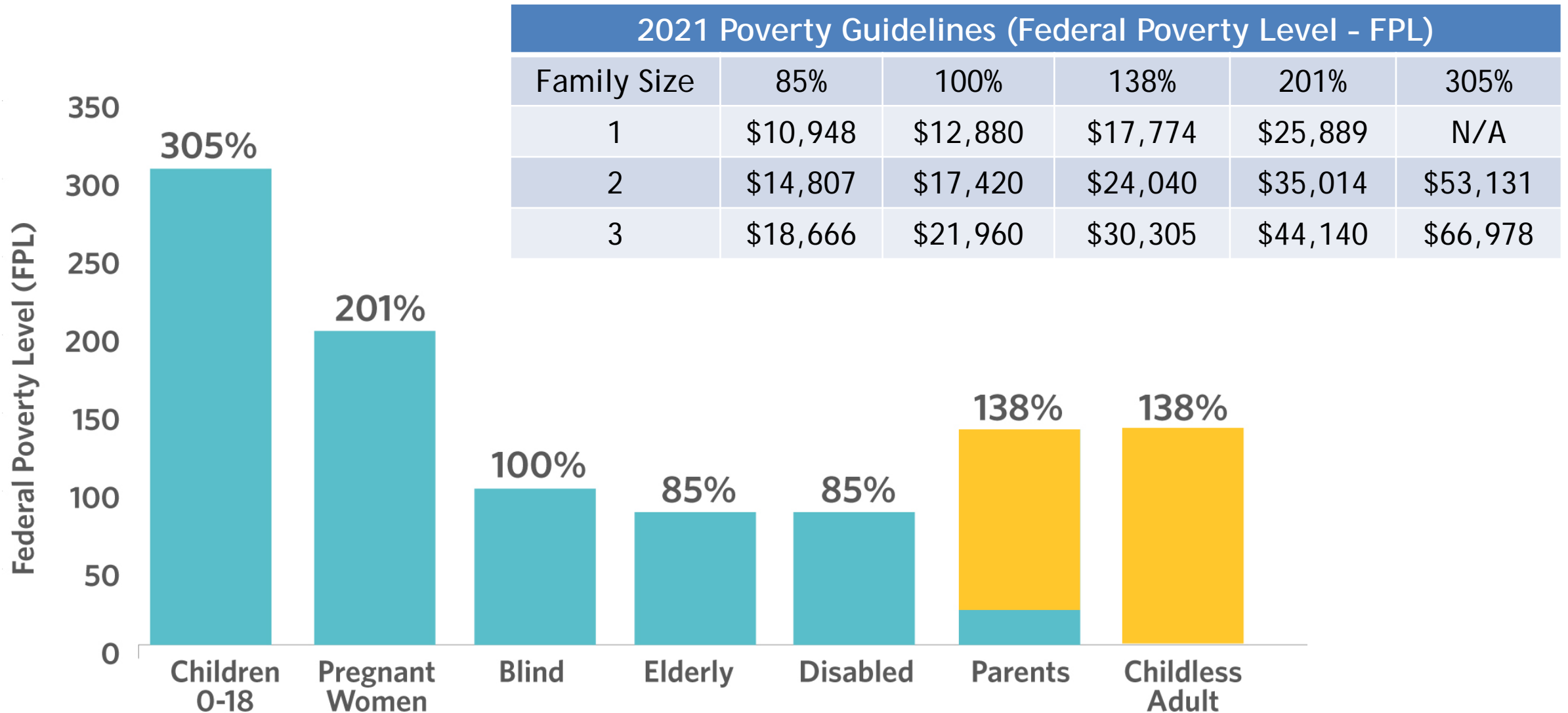
- Affordable Care Act becomes law on March 23, 2010
- Medicaid Expansion is mandatory for states
- In June 2012, the US Supreme Court upholds the ACA and the individual mandate, but rules that Medicaid Expansion must be optional for states
- On Jan. 1, 2014, 24 states and D.C. had expanded their Medicaid programs in alignment with the ACA
- By Jan. 1, 2015 another four states had come on board
- From there it has been a slow trickle of additional states...

Current Status of State Medicaid Expansions



Kaiser Family Foundation

What is Medicaid Expansion in Missouri?



In Missouri...

- From 2012 - 2018, advocacy efforts were made to expand Missouri's Medicaid program through the Legislature
- Momentum begins to build to expand Medicaid via ballot initiative after 2018 legislative session ends in May
- Successful 2018 ballot initiatives (Repeal of Right to Work, Increase to Minimum Wage, legalization of Medical Marijuana) further galvanize the ballot initiative effort
- Polling and research show that there is support for expansion and that it would have a beneficial impact on Missouri
- May 2019 - Healthcare for Missouri campaign submits ballot signatures
- Late May - Governor Parson places expansion on the August ballot

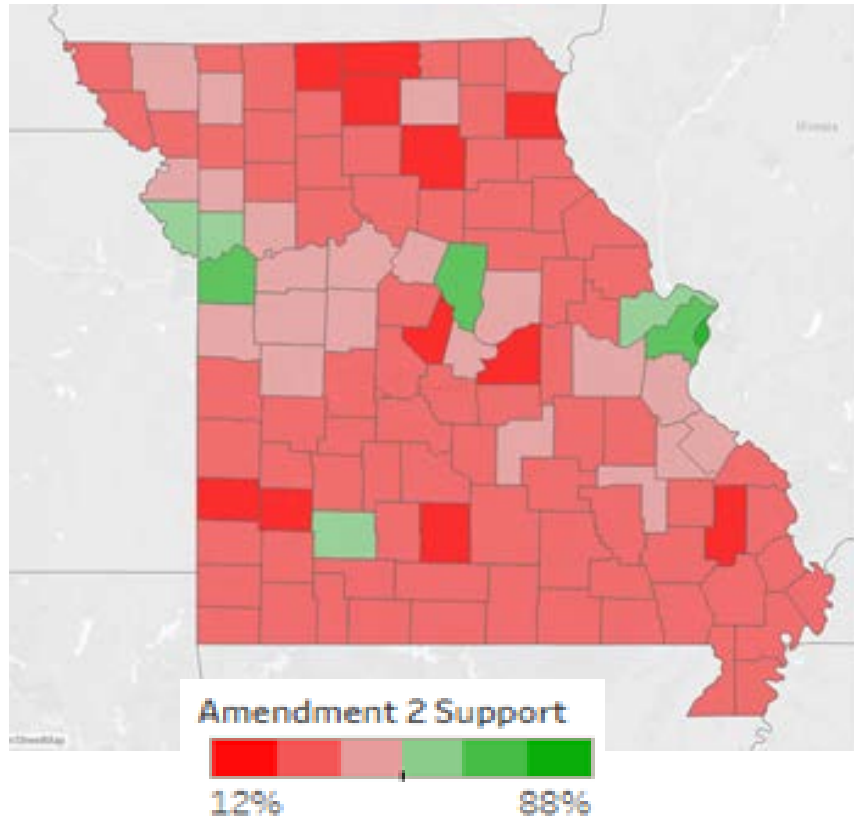
Amendment 2 on August 4, 2020

Do you want to amend the Missouri Constitution to:

Adopt Medicaid Expansion for persons 19 to 64 years old with an income level at or below 133% of the federal poverty level, as outlined in the Affordable Care Act;

- prohibit placing greater or additional burdens on eligibility or enrollment standards, methodologies or practices on persons covered under Medicaid Expansion than on any other population eligible for Medicaid; and
- require state agencies to take all actions necessary to maximize federal financial participation in funding medical assistance under Medicaid Expansion?

Medicaid Expansion Passes With a 53.3% Majority



- Why was the initiative successful:
 - 567,660 urban “Yes” voters and 105,307 rural “Yes” voters
 - Democratic turnout was 65% higher compared to the August 2016 primary
 - 20% of republicans voted “Yes” on Medicaid Expansion

Medicaid Expansion and Health Equity in Missouri

What Happens Now...

What Happens Now...

- Enrollment for Medicaid expansion begins July 1 for Missouri residents ages 19 to 64, who have income at or below 133% (138%) of the FPL
- This includes healthy adults without children, who are currently excluded from Medicaid programs
- Expansion population and will enroll in one of the three managed care plans
- Benefit package is the same as what is currently offered to currently eligible parent category

What Happens Now...

- A new, streamlined application is being developed to replace the multiple applications enrollees currently need to complete to enroll in the various FSD programs. Using the new streamlined app, enrollees will be able to apply for multiple programs on one application.
- On 1/28/21, MO HealthNet (Medicaid) released a Public Notice on their website regarding the Adult Expansion Group prospective Alternative Benefit Plan (ABP) & the Proposed State Plan Amendment, <https://dss.mo.gov/mhd/alerts~public-notices.htm>.
- Missouri state budget process...current status

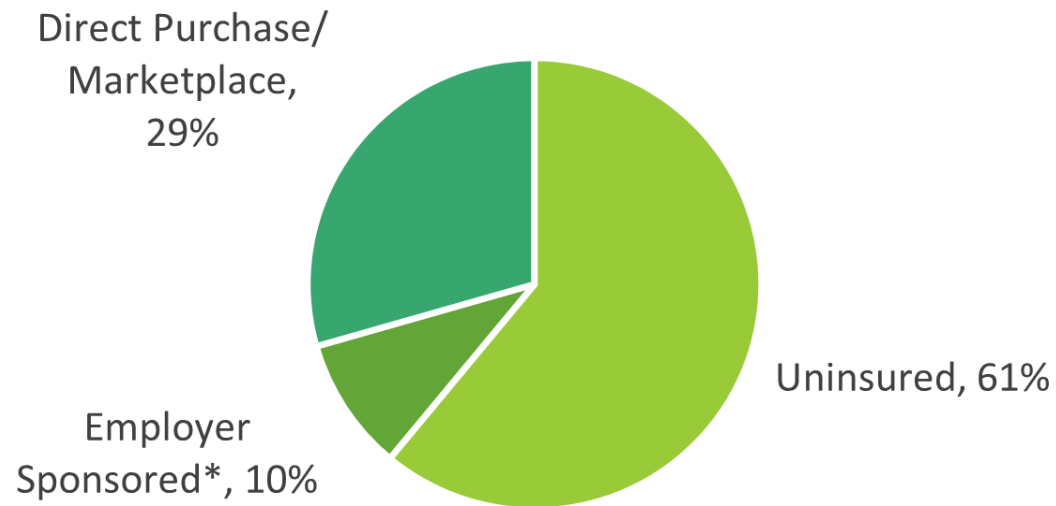
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Who is Eligible...

Who are the Newly Eligible?

- 250,000-275,000 are likely to enroll (approximately 350,000 total eligible)
- Expansion causes a woodwork effect, especially for children (~50,000)
- Prior insurance status:

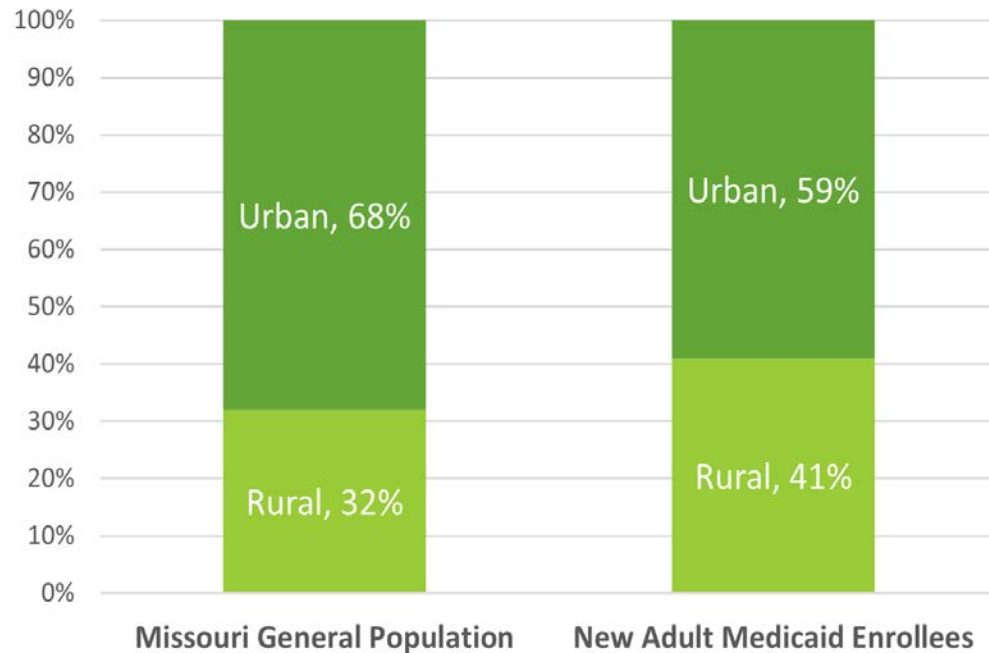
Prior Insurance Coverage of New Adult Medicaid Enrollees



Who are the Newly Eligible?

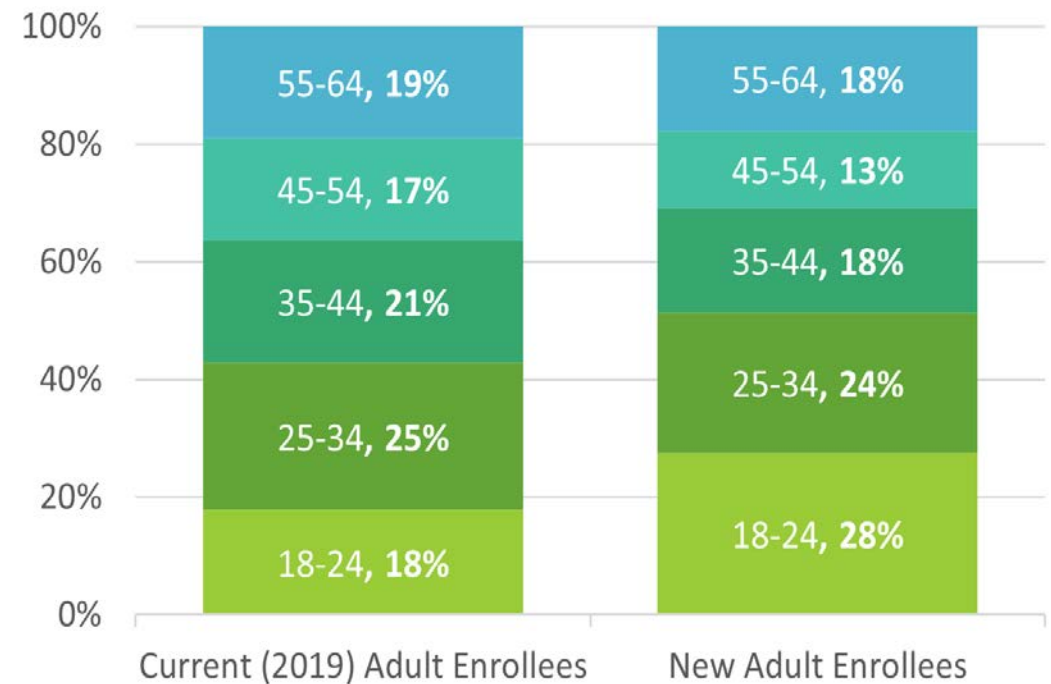
- Geography:

Rural and Urban Status of New Adult Medicaid Enrollees vs. Missouri's General Population

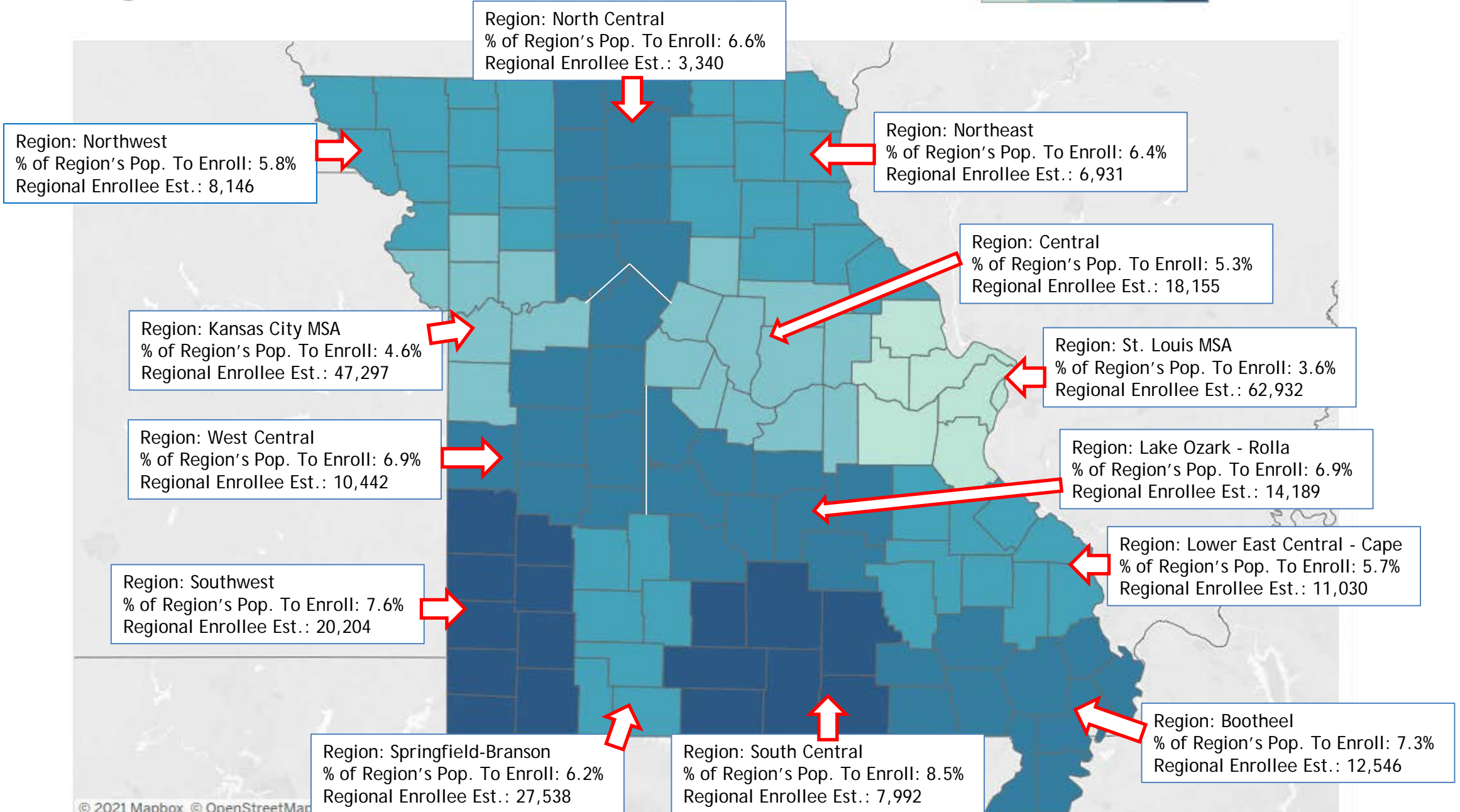


- Age:

Age: Current (2019) and New Adult Enrollees

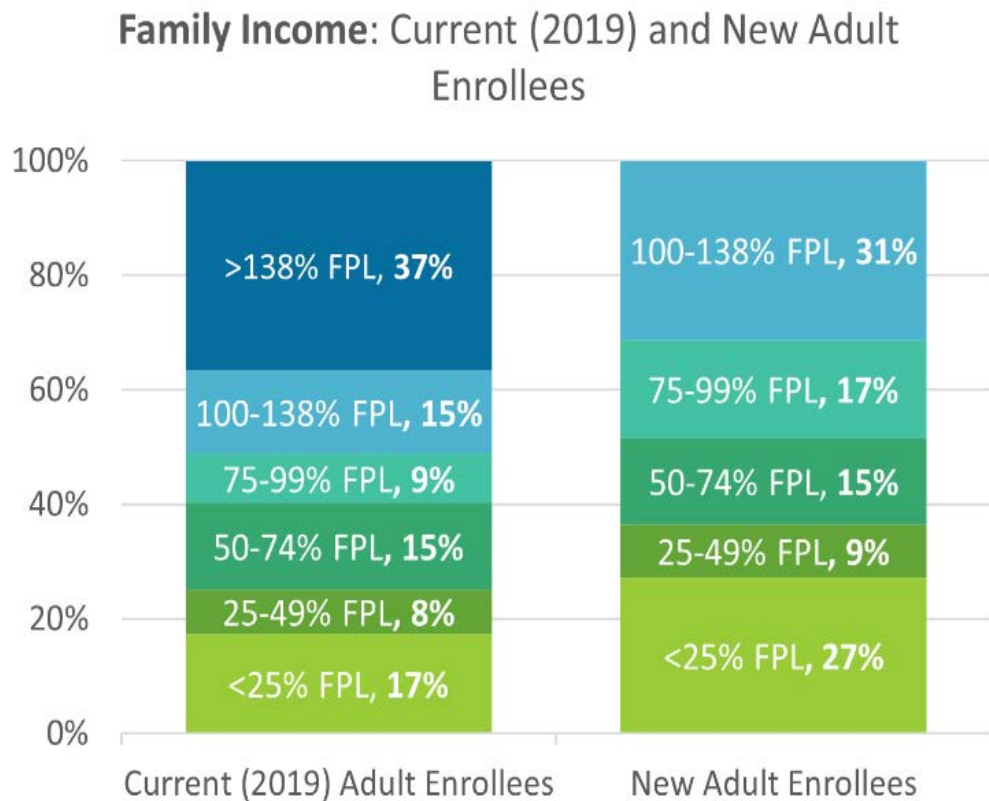


Regional Distribution of New Adult Enrollees

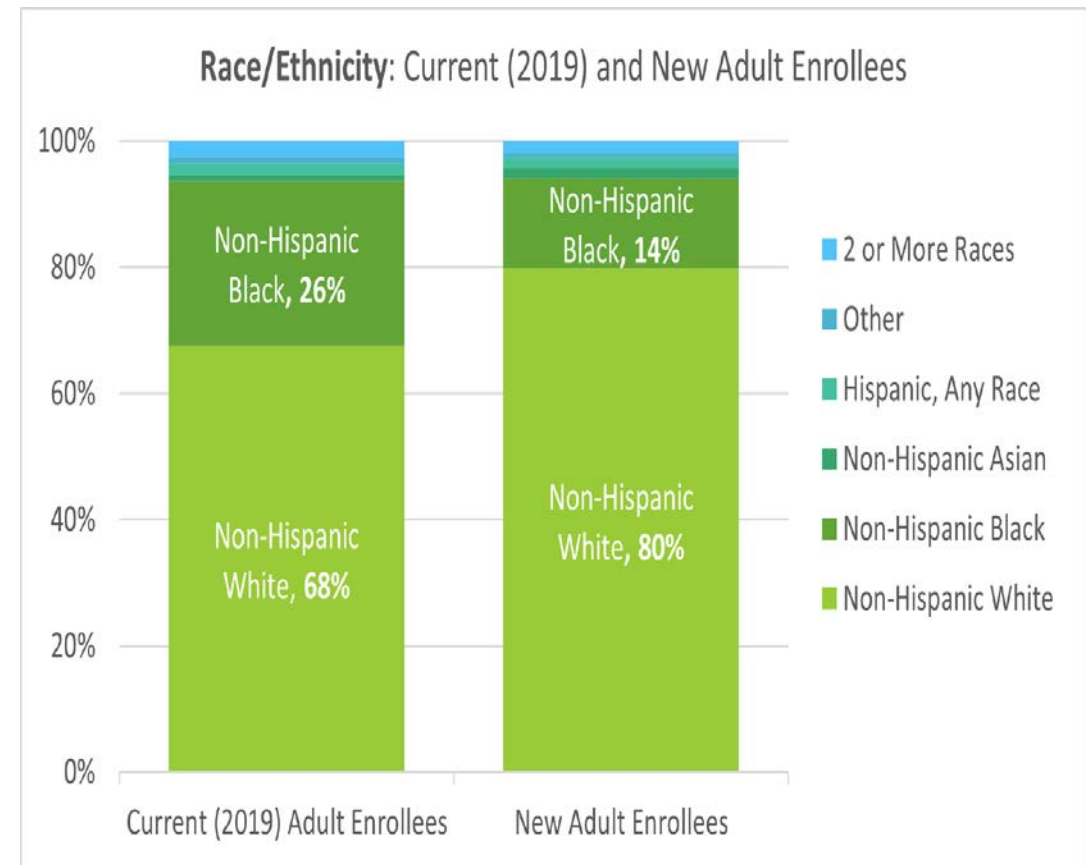


Who are the Newly Eligible?

- Family Income:



- Race/Ethnicity:



Dental Benefits for Expansion Population

- The dental benefit for the expansion population is the same as what is currently available to adults in Medicaid
- Benefits include:
 - Preventive Services
 - Restorative Services
 - Periodontal Treatment
 - Oral Surgery
 - Extractions
 - Radiographs
 - Pain evaluation and Relief
 - Infection Control
 - General Anesthesia

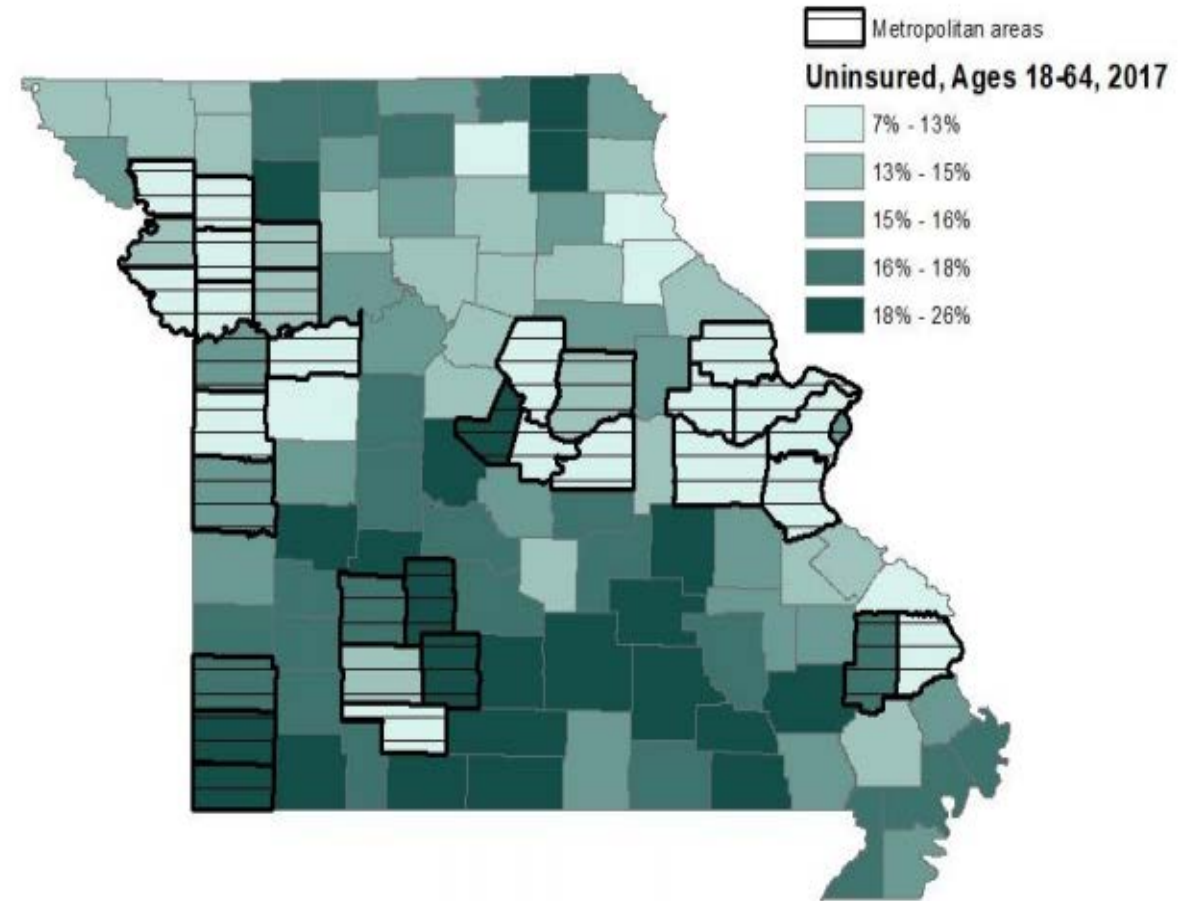
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Health Equity

Narrowing Health Equity Gap - Coverage

- Expansion reduces disparities in insurance coverage for racial/ethnic minorities, LGBT population, income, and geographic disparities
- Research has found that Medicaid expansion and the fully implemented ACA reduced coverage disparities across racial groups by 23%

Figure 2: Uninsured Rates for Individuals Ages 18-64 in Missouri



Narrowing Health Equity Gap - Access

- Expansion associated with greater access to primary, preventative, and specialist care for low-income individuals
 - Recent study reported that Medicaid expansion was associated with a significant increase in access to primary care (12.1 percentage points) and a significantly decreased likelihood of visiting the emergency department (-6.0 percentage points)
- Health insurance reduces patients' financial risk, particularly for catastrophic events such as car accidents, heart attacks, and strokes
- Medicaid expansion is associated with reductions in financial strain and bankruptcies - Individuals in expansion states saw reduced cost-related barriers to care and had less difficulty paying for medical bills

Narrowing Health Equity Gap - Health Outcomes

- Medicaid expansion is associated with improvements in health outcomes:
 - Improvements with the identification and treatment of cardiovascular risk factors, such diabetes and hypertension
 - Increased use of and adherence to prescription cardiovascular medications
 - Cancer diagnosis and treatment have increased in expansion states
- Study found that utilization of cancer surgery by low-income individuals in states that have expanded Medicaid increased by 24% relative to those in non-expansion states

Narrowing Health Equity Gap - Health Outcomes

- Expansion has also been associated with improved access to behavioral health services
 - Example- expansion states have seen admissions for drug rehabilitation services involving medication-assisted treatment increase by 105% compared to non-expansion states
- This increase in detection and treatment of chronic disease, behavioral health conditions, and addiction has had an impact on health outcomes including mortality rates
 - Example - counties in expansion states had 4.3 fewer deaths per 100,000 residents per year from cardiovascular causes after Medicaid expansion (roughly a 2.5% difference) than if they had followed the same trends as counties in non-expansion states (after accounting for demographic, clinical, and economic differences)

Narrowing Health Equity Gap - Health Outcomes

- Medicaid expansion has also been associated with a reduction in racial disparities in key health outcomes such as infant mortality (14.5% decline for African Americans in expansion states vs. 6.6% decline for African Americans in non-expansion states)
- Most broadly, Medicaid expansion is associated with significant reductions in all-cause mortality, especially for non-whites (41.0% relative reduction) and residents in poorer counties (22.2% relative reduction)

Medicaid Expansion and Health Equity in Missouri

Preparing for Expansion

Medicaid Expansion Planning (MEP) Group

- The MEP first met in August of 2020 to work with leaders, state staff, advocates, and providers to facilitate a smooth Medicaid expansion implementation process
- The MEP is a 40-person strategy group with representation from across the state and across stakeholder communities
- They are the eyes and ears of information from around the state and are the spokespeople back to their circles of influence with information from the MEP Group

MEP Project Teams

- Reach out to Ryan (rbarker@mffh.org) if interested in joining
- MEP has four Project Teams:
 - State Systems Team
 - Care Delivery Team
 - Consumer Experience Team
 - Research Team

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Next Steps

- Uninsured patients - Start letting them know about Medicaid Expansion in April/May and that enrollment opens July 1, 2021
- MFH will be launching an awareness campaign that will include materials (flyers, posters, etc.) that will be available to all
- MFH will be making targeted enrollment assistance grants (Look for open RFA in April)
- Information and resources will be available through the Cover Missouri Coalition - more info at covermissouri.org/for-assisters/

Contact



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M. Ryan Barker, MSW, MPPA
Vice President of Strategic Initiatives

314-599-2031 (cell)

314-345-5510 (work)

rbarker@mffh.org